

Certified Scientific Meditation Coach Program

Become a Meditation Coach!

Are you passionate about guiding others toward a conscious, purpose-driven life? Join our Certified Meditation Coach Program and empower individuals to unlock their full potential while creating a world of abundance, mindfulness, and fulfillment

Program Overview

Our program is divided into two levels:

- **Level 1 (L1) Meditation Coach Program** – Covers the foundational and scientific principles of meditation and its life-transforming impact.
- **Level 2 (L2) Meditation Coach Program** – Explores advanced meditation techniques, coaching methodologies, and deeper spiritual insights. Completion of L1 is a prerequisite for L2


Both levels are conducted online via the Buddha CEO App

Program Certification

The program offers **two certification options:**

1.  **Buddha-CEO Certified Coach Program**
 - Certified by Buddha CEO Quantum Foundation

2.  **Buddha-CEO & S-VYASA Certified Coach Program**
 - Joint certification by Buddha CEO Quantum Foundation & SVYASA University

 **Note:**

The entire course content remains the same for both certifications. The S-VYASA certification adds an additional credential on the certificate, offered with a minimal price difference.

Certified Scientific Meditation Coach Program

The L1 Coach Program : Three modules, 60 hours, 46 sessions across 7 weeks

- **Module 1: Wisdom sessions**

- 12 Wisdom Sessions of 90 min each, twice a week**

- Gain deep insights through interactive discussions, scientific exploration, and transformative wisdom designed to elevate both personal and professional excellence. Engage in live or self-paced sessions featuring expert talks, peer interactions, Q&A sessions, and valuable insights from industry leaders.

- **Module 2: Meditation Practice**

- 42 Meditation Practice sessions of 40 min each, everyday (5 per week are self paced)**

- Establish consistency by committing to 40 minutes of daily self-guided meditation, 5 days a week. Utilize the Buddha CEO app for flexible, anytime, anywhere practice at your convenience.

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- **Module 3: Interactive Practical Sessions (IPS)**

- 4 Interactive Practical Sessions of 3 hours each, every alternate week**

- Participate in live, 3-hour sessions conducted every alternate week, designed to deepen your learning through guided practice, interactive discussions, and hands-on engagement. Each session includes meditation, focused topic discussions, breakout room teaching with a paired coach, and participant sharing with Q&A.

- **Three alternate-week formative assessments and a final summative assessment**

Level 1 Coach Program – Multiple Batches Available

The program is offered in four batches: **June, July, October, and November.**

June Batch (June 1st - July 20th)

Orientation Session:

June 1st | 5:30 – 7:30 PM IST

Module 1: Wisdom Sessions

Attend two sessions per week - Wednesday & Sunday

Session Timings (All Days): 5:15 AM – 7:30 AM IST

Session Dates: Wednesday & Sunday

June: 4, 8, 11, 15, 18, 22, 25, 29

July: 2, 6, 9, 13

Module 2: Meditation Practice

- Self-practice using our meditation app (40 min x 5 days/week)

Timings: Practice at your convenience

Dates: June 1st – July 20th, 2025

Module 3: Interactive Practical Sessions (IPS)

- Live practical sessions held every alternate Sunday to practice wisdom from previous weeks classes.
- Time: 5:30 PM - 8:30 PM IST
- Dates: June: 8, 22
July: 6, 20



July Batch (July 23rd – September 14th)

Orientation Session:

July 23rd | 5:30 – 7:30 PM IST

Module 1: Wisdom Sessions

Attend two sessions per week - Wednesday & Sunday

Session Timings (All Days): 5:15 AM – 7:30 AM IST

Session Dates: Wednesday & Sunday

July: 30

August: 3, 6, 10, 13, 17, 20, 24, 27, 31

September: 3, 7

Module 2: Meditation Practice

- Self-practice using our meditation app (40 min x 5 days/week)

Timings: Practice at your convenience

Dates: July 23rd – September 14th

Module 3: Interactive Practical Sessions (IPS)

- Live practical sessions held every alternate Sunday to practice wisdom from previous weeks classes.
- Time: 5:30 PM - 8:30 PM IST
- Dates: August 10, 17, 31
September 14



October Batch (October 1st – November 23rd)

Orientation Session:

October 1st | 5:30 – 7:30 PM IST

Module 1: Wisdom Sessions

Attend two sessions per week - Wednesday & Sunday

Session Timings (All Days): 5:15 AM – 7:30 AM IST

Session Dates: Wednesday & Sunday

October: 8, 12, 15, 19, 22, 26, 29

November: 2, 5, 9, 12, 16

Module 2: Meditation Practice

- Self-practice using our meditation app (40 min x 5 days/week)

Timings: Practice at your convenience

Dates: October 1st – November 23rd

Module 3: Interactive Practical Sessions (IPS)

- Live practical sessions held every alternate Sunday to practice wisdom from previous weeks classes.
- Time: 5:30 PM - 8:30 PM IST
- Dates: October: 19, 26
November: 9, 23



November Batch (November 26th – January 19th, 2026)

Orientation Session:

November 26th | 5:30 – 7:30 PM

Module 1: Wisdom Sessions

Attend two sessions per week - Wednesday & Sunday

Session Timings (All Days): 5:15 AM – 7:30 AM IST

Session Dates: Wednesday & Sunday

December: 3, 7, 10, 14, 17, 21, 24, 28, 31

January: 4, 7, 12

Module 2: Meditation Practice

- Self-practice using our meditation app (40 min x 5 days/week)

Timings: Practice at your convenience

Dates: November 26th – January 19th, 2026

Module 3: Interactive Practical Sessions (IPS)

- Live practical sessions held every alternate Sunday to practice wisdom from previous weeks classes.
- Time: 5:30 PM - 8:30 PM IST
- Dates: December: 14, 21
January: 4, 19

Topics Covered in L1 Program

- Introduction to Meditation & Program Structure
- Heart Elevation Process
- Fundamentals of Meditation & Brain Waves
- How Meditation Enhances Health & Reduces Stress
- Quantum Physics: "Thoughts Create Reality"
- Science of Manifestation & Reprogramming Limiting Beliefs
- Meditation & Emotional Intelligence
- The Power of Books for Enlightenment
- Ikigai: Secrets to a Long, Fulfilling Life
- Vision of Buddha CEO Quantum Foundation, Inspired by Brahmashri Patriji
- Creating an Extraordinary Life with Meditation