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# GLOBAL CONFERENCE OF MEDITATION LEADERS

Excellence through Meditation

February 24<sup>th</sup> & 25<sup>th</sup>, 2024

India Habitat Centre  
Lodhi Road, New Delhi



**Buddha-CEO**  
*Quantum Foundation*

[gcml.buddhaceo.org](http://gcml.buddhaceo.org)





## Objectives of the Conference

Spread awareness about the role of meditation in driving positive social change that is defined as “a resilient and self-empowered individual, a growing and purpose-driven organization, and a harmonious and expansive society”.

Aid senior leadership in governments, global organizations, corporations, and others in formulating policies and guidelines for the rapid adoption of meditation across organizations and communities.

## Who will benefit

- Law makers, Policy makers, Government officials
- Leaders of professional bodies, industry associations
- Heads of universities, educational boards
- CEOs / Leaders of public and private sector companies in all sectors
- Leaders of healthcare, yoga, alternate medicine institutions
- Heads of NGO's across the globe, working towards social change and empowerment
- Leadership of global and cross nation organizations such as UN, World Bank,G20, etc

## Your Takeaways from the Conference

Some takeways from this 2-day conference comprising of keynotes, lectures, case study presentations, meditation sessions and panel discussions are:

- You will understand the procedure, benefits and science of meditation.
- You will learn from leaders and organizations on the transformational changes they have seen from a meditation practice.
- You will also learn how you and your teams can realize positive results from a regular practice of meditation.
- You will learn how to expand the impact of your CSR initiatives
- You will learn about a new dimension for accelerating social and personal change

## Organizers

This conference is being organized by Buddha-CEO Quantum Foundation in association with Pyramid Meditation Channel Hindi, Pyramid Valley International and Quantum life university.



### How to practice meditation?

Choose a quiet place. Sit in a comfortable posture, cross your legs at the ankles and clasp your hands. Close your eyes, observe your normal in-breath and out-breath. No forceful inhalation or forceful exhalation. When you observe the breath, the mind becomes empty. Be in that emptiness. If you find your mind wandering in thoughts, gently bring your attention back to the breath.



## Breath Mindfulness Meditation

The process of breath-mindfulness meditation is very simple and can be easily practised by everyone.

This method, and the underlying wisdom have been extensively spread to millions of people across India and the world, by Pyramid Meditation Channels, Quantum Life University, Buddha-CEO Quantum Foundation and thousands of masters from the Pyramid Spiritual Societies Movement over the past 35 years. Brahmarshi Pithamaha Patriji founded Pyramid Spiritual Societies Movement in 1990 and relentlessly worked to promote meditation extensively.

## Our Inspiration



**Brahmarshi  
Pithamaha Patriji**  
Founder, Pyramid Spiritual  
Societies Movement

## Role and Impact of Meditation

Meditation brings positive transformation and excellence in individuals. This, in turn, enables growth, and innovation in organizations and society. Organizations have access to vast resources in terms of people, material, technology and money. They influence many aspects of the lives of their employees, families and the larger society. The more organizations operate in a sympathetic and responsible manner, the greater is the organizational growth and improvement in the quality of the lives they touch.

To implement this virtuous model most effectively, the mindset of the leadership plays a critical role. A leader empowered with the techniques, science and wisdom of a meditation practice carries higher energy and vision, empathetic values, a friendly and intuitive approach, and responsible execution ability.

Meditation develops greater spirituo-scientific mindset in every practitioner. A 'spiritual-scientific' mindset gives purpose, stops greed and the need to wield power. A leader with a well-developed spirituo-scientific mindset uses resources for maximum good.

## PROJECT EXCELLENCE

A new initiative from PSSM and Buddha-CEO, aimed at assisting government bodies, corporations, and NGOs in creating positive economic and social change in society through awareness and rollout of meditation and inner transformation programs.

### Charter / Goals:

#### Spread Awareness

- Global and Regional Meditation Conferences
- Create and publish educational content

#### Scale Enablement

- Formulate training programs
- Build a community of trainers to teach Right Spiritual Science Wisdom

#### Rollout Programs

- Connect trainers and provide governance
- Support with resources, technology, and program management

This conference is the 1st initiative from Project Excellence



## Initial List of Speakers



**Padma Shri  
D.R. Kaarthikeyan**  
Former Director, CBI, CRPF (GoI)



**Padma Bhushan  
Dr. M.B. Athreya**  
Management Guru, Author



**Dr. Kiran Bedi**  
Former Lieutenant Governor  
of Puducherry



**Dr. Newton Kondaveti  
& Dr. Lakshmi**  
Chairman, Quantum Life University



**Shri Amitabh Kant**  
G20 Sherpa, Former CEO - NITI  
Aayog, Govt of India



**Dr. Mohit Gupta**  
Professor of Cardiology,  
Author, Spiritual Trainer



**Shri Datla  
Hanumantharaju**  
Former President, ICSI, (GoI)



**Dr. Raghavendra Rao**  
Director - CCRYN, Ministry of  
AYUSH, Govt of India



**Dr. Sudha Malaiya**  
Chancellor - Eklaya University  
Chairperson - Ojaswini Group



**Shri Shreans Daga**  
CEO - Betul Oil Ltd, Transformation  
Coach, Chairman - Pyramid Valley  
International



**Shri Ramesh Muvva**  
Managing Director of  
Telugu Foods



**Dr. Sam Osmanagich**  
Author, Pyramid Researcher  
- Bosnia



**Dr. Sangeetha Nehra**  
Director AYUSH  
Haryana, India



**Dr. Gopala Krishna**  
Founder and Chairman,  
Spiritual Tablets  
Research Foundation



**Smt Pari Patri**  
Founder, PSSM Global



**Shri Chandra Pulamarasetti**  
Former Corporate Exec, Founder,  
Buddha-CEO Quantum Foundation



**Shri Prashant Agarwal**  
Co-founder and Joint Managing  
Director, Wazir Advisors



**Dr. Sai Krupa Sagar**  
CEO - Quantum Coherence  
Technologies & Trustee - PVI



**Smt Alekhya Shastri**  
Chief Executive Director  
PMC Hindi by OneMedia Network

## Conference Tracks

### Holistic Growth

Explore meditation's role in enhancing emotional well-being, accelerating career growth, deepening relationships, and driving positive social change.

### Physical Health & Mental Well-being

Understand how meditation reduces stress, improves healing, prevents illness and enhances overall well-being.

### Organizational Excellence

Learn how meditation cultivates growth-mindset, clarity of purpose, empathetic values, higher team productivity and coherent leadership.

### Excellence in Education

Discover meditation's impact on enhancing concentration, confidence, clarity, creativity, and the overall educational experience for students and teachers / professors.

for more information and registration please visit: [www.buddhaceo.org/gcml](http://www.buddhaceo.org/gcml)

## Pre-conference Workshops @ India Habitat Centre

### Consciousness Heals: Tools for Self-Healing

by Dr. Newton Kondaveti & Dr. Lakshmi Newton

23-Feb-2024 | 9:00 am - 5:00 pm IST

### Mind to Matter: Tools for Manifestation

by Chandra Pulamarasetti & Dr. Sai Krupa Sagar

23-Feb-2024 | 9:00 am - 5:00 pm IST

Organised by



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